



*girls read to write*  
CREATING A PORTAL TO SELF-EXPRESSION

HAIKU  
WORKSHOP  
WORKBOOK

[www.girlsreadtowrite.com](http://www.girlsreadtowrite.com)



## ***What is a Haiku?***

- A **Haiku** is a Japanese poetic form that uses nature as its theme.
- Since, the Japanese language uses *sounds* instead of *Syllables*, **17 sounds** make up a **Haiku**.

## ***Fun Fact***

- The word **Haiku** is both singular and plural

## ***How can we write a Haiku?***

Traditionally, a **Haiku** written in Japanese only has one line.

(If you do not know how to write in Japanese, no worries!)

In English, we use three lines to form a **Haiku**  
and substitute the **17 sounds** for **17 syllables!**

## ***Here is an Example***

*flowers stretch and smile (5)*

*raindrops moisturize soil skin (7)*

*new life awakens (5)*





## ***Haiku (Rough Drafts)***

①

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5 syllables

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7 syllables

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5 syllables

②

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5 syllables

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7 syllables

---

5 syllables

③

---

5 syllables

---

7 syllables

---

5 syllables







## *Haiku (Rough Drafts)*

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## Girls Read to Write's Mission Statement

We believe if one reads widely and writes, this is the portal to help guide self-expression. We connect reading and creative writing with our book/writing club and workshops.

We provide a safe environment that is not competitive but nurturing and supportive.

## Girls Read to Write's History

**Girls Read to Write** started as a writing and book club inspired by Founder Sandra Proto's eight-year-old daughter and classmates when they formed a “club” during recess. One of the *club's* activities that the girls would do were to write stories together. As a writer and avid reader, Sandra Proto thought it was great that the girls had an interest in writing and she always wanted to start a book club for kids. So, with her two daughters and their friends, Sandra Proto developed **Girls Read to Write** in May of 2015 and held our first meeting in July of the same year.



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